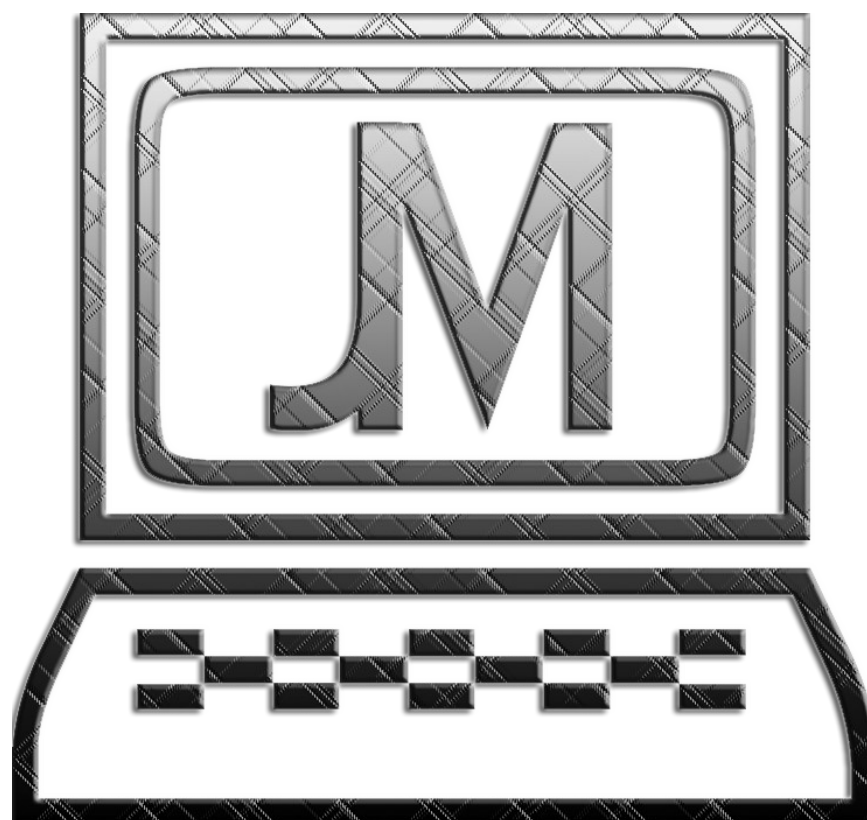


Diabetes Tracking Workbook



Weekly Glucose Sheet

	Breakfast		Lunch		Dinner		Snack	
	Before	After	Before	After	Before	After	Before	After
M								
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Weekly Medication Sheet

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Weekly Food Journal

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Weekly Glucose Sheet

	Breakfast		Lunch		Dinner		Snack	
	Before	After	Before	After	Before	After	Before	After
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Weekly Medication Sheet

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Weekly Food Journal

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	Before	After	Before	After	Before	After	Before	After
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